

# Ensuring Your Well-Being

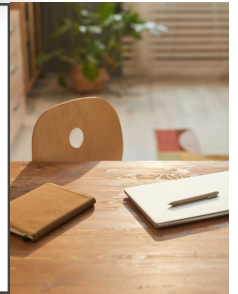
## HESS & FIDELITY RETIREMENT RESOURCES



### [MAKING THE TRANSITION TO RETIREMENT GUIDE](#)

This guide outlines your Hess retirement benefits, including details on eligibility, how to commence those benefits, what changes upon retirement, and includes a retirement timeline.

Click [here](#) to see the 2025 Retiree Benefit Rates



### [DISCOVER.VIABENEFITS.COM/HESS](#)

Via Benefits helps you find affordable, individual healthcare coverage (medical, dental, vision), including understanding your Medicare options. You can also call **833-858-1001** to speak with a representative.

You pay **no fees** to use Via Benefits' online tools or to talk to their representatives.



### FIDELITY'S ARTICLES ABOUT RETIREMENT & MEDICARE

[Prepare for the Reality of Health Care in Retirement](#)

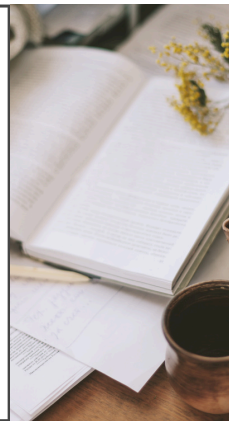
[Preparing for and Living in Retirement](#)

[Understanding Medicare](#)

[HSAs and Medicare](#)

[Medicare and Working After 65](#)

[Managing Health Care](#)

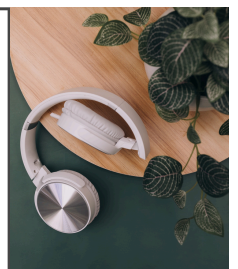


### FIDELITY'S ON-DEMAND WEBINARS

[Fundamentals of Retirement Income Planning](#)

[Learn the Basics of When and How to Claim Social Security](#)

[Maximize Social Security in Your Retirement Strategy](#)



Contact [Empyrean](#) to inquire about Retiree Medical: 1-877-511-4377, Option 1

Contact [Fidelity](#) to inquire about your Pension, Savings Plan, Stock Plan and Health Savings Account: 1-877-511-4377, Option 2

